

3 STEPS 1 PLACE

H1N1: SIMPLE STEPS TO KEEP YOU SAFE.

1 ASSESS THE SITUATION

PRIOR TO ARRIVAL:

CONFIRMED FLU-LIKE SYMPTOMS:

- Put on PPE and respiratory protection before entering scene

UNCONFIRMED FLU-LIKE SYMPTOMS:

- Remember to stay more than six feet away from symptomatic patient and bystanders
- Exercise respiratory droplet precautions

UPON ARRIVAL:

ASSESS PATIENT FOR FLU-LIKE SYMPTOMS:

Fever plus one or more of the following:

- Nasal congestion, sore throat, cough

If symptoms are present:

- Put on appropriate PPE and respiratory protection
- Provide EMS care

2 PROTECT YOURSELF

- Fit-tested NIOSH-approved respirator (IAFF recommends P100 filtration)
- Disposable non-sterile gloves
- Eye protection (goggles, eye shields, full face air purifying respirator)
- Gown or garment
- Place surgical mask on patients displaying flu-like symptoms

3 PREVENT THE SPREAD

- Get vaccinated—all first responders should get the H1N1 and seasonal flu vaccines
- Practice basic hand hygiene and cough and respiratory hygiene
- Decontaminate exposed vehicle and equipment
- Do not wear (or bring home) contaminated clothing or equipment

ONE PLACE FOR COMPREHENSIVE H1N1 INFORMATION.

The SCOTT FIRST RESPONDER CENTER has everything you need to know about H1N1, including the latest recommendations, links and news. Visit today, because information is protection.

→ WWW.SCOTTHEALTHSAFETY.COM/H1N1

SCOTT PRODUCT LINE-UP FOR H1N1 PROTECTION:



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H1N1:

KNOW THE NUMBERS.

TOP 10 SYMPTOMS

1. FEVER*
2. COUGH/SHORTNESS OF BREATH
3. FATIGUE/WEAKNESS
4. CHILLS
5. MUSCLE PAIN
6. RUNNY NOSE
7. SORE THROAT
8. HEADACHE
9. VOMITING
10. DIARRHEA

TOP 3 PRECAUTIONS

1. HYGIENE

- Basic hand hygiene
- Basic cough and respiratory hygiene

2. PPE AND RESPIRATORY PROTECTION

- Fit-tested NIOSH-approved respirator for basic protection
- For greater protection, IAFF recommends P100 filtration
- Disposable non-sterile gloves
- Eye protection (goggles, eye shields)
- Gown or garment

3. INFECTION CONTROL

- Seasonal and H1N1 vaccinations
- Surgical masks on patients displaying flu-like symptoms
- Decontamination of exposed vehicle and equipment

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